

February 2019

# SLC Footprint

Monthly Theme: Zero-Waste

"In painting, you have unlimited power. You have the ability to move mountains. You can bend rivers. But when I get home, the only thing I have power over is the garbage." - Bob Ross



Vote with your  
wallet for a  
sustainable future!

Stores that support Zero-Waste food!

Bulk Barn- Kingston, Cornwall, & Brockville- [Zero waste bulk shopping with student discounts!](#)

The Grocery Basket- [Zero-waste local food with delivery options!](#)

Tara's Natural Foods- [Located in Kingston this local shop offers many local and zero-waste food items and on the go items!](#)

## Refuse Waste. Go Zero-Waste.

What is zero-waste? The simple answer don't send anything to landfills. By reducing what you use, reusing what you have, and recycling and composting the rest, you too can join the zero-waste movement.

The goal of zero-waste is to move to a circular economy by stopping the harvesting of new resources and re-introduce used products into the manufacturing stream. The circular economy attempts to mimic nature as nature to create no waste.

We currently live in a linear economy where we take from the Earth and dump it into landfills or the ocean. Redefining how we make waste and transitioning into a circular economy is how we need to adapt to maintain this beautiful Earth.

Refuse. Reduce. Repair. Reuse. Recycle.

# Tips on going Zero-Waste

## Small Changes at Home!

- Switching to a bamboo toothbrush instead of a plastic one!
- Starting a compost here's a guide here: [www.sparkpeople.com/resource/nutrition](http://www.sparkpeople.com/resource/nutrition)
- Bar soap tends to come with less packaging!
- Meal plan to reduce food waste!
- Swap your disposable razor for a metal reusable one!
- Serve dinner with cloth napkins!
- Switch out tissues for handkerchiefs
- Line dry instead of using a dryer (when it is possible)!
- 5-10 minutes showers!



## Zero-Waste on the go!

- Saying no to plastic straws or bringing your own reusable metal straw!
- Bringing reusable bags and produce bags when you go grocery shopping
- Make sure to bring your reusable bottle for water!
- Ask for a real mug when staying in the cafe!
- Pack a lunch instead of eating out which saves money too!
- Eco-containers tri-campus!



## Recycle Everything with TerraCycle!

TerraCycle is eliminating the idea of waste by recycling the "non-recyclable." Whether it's coffee capsules from your home, pens from a school, or plastic gloves from a manufacturing facility, TerraCycle can collect and recycle almost any form of waste.

The Zero Waste Box platform allows us to recycle almost everything! Now you can pick and choose which waste streams you would like to recycle at your home or office.

Simply select which box you would like, order it online, fill it up, and ship it back! That's all it takes to start moving towards zero waste.

TerraCycle offers free recycling programs funded by brands, manufacturers, and retailers around the world to help you collect and recycle your hard-to-recycle waste. Simply choose the programs you'd like to join; start collecting in your home, school, or office!

Find out more here: [www.terracycle.ca/en-CA](http://www.terracycle.ca/en-CA)

# Campus Green Choices

## Eco-Containers- Soon to be Tri-Campus!

On the Kingston, campus choose our own Eco-Container for your cafeteria food to reduce the amount of waste going into the landfill. Ask the chefs to serve your food in an eco-container then drop it off at one of the locations! Simple!

## BYOM- Bring your own mug! 10 cents makes a big difference!



Be rewarded when you choose to bring a reusable mug or thermos with 10 cents off your order! Saving money and reducing waste makes for a sustainable campus!



## BYOB-Bring Your Own Bag!

It is estimated that only 3% of plastic bags are recycled with the rest either going to landfills or ending up in the ocean. 10 Billion plastic bags are used weekly in the world.

Choose to eliminate plastic bags from your shopping trip by bringing your own reusable bags which will make the planet a cleaner and happier place for 2019!

The campus bookstore will no longer be offering plastic bags starting September 2019!

## Paper Straws

Around 500 million plastic straws are used and thrown out daily in North America. Biodegradable paper straws or reusable metal straws eliminates this plastic waste.

Choose to use our new paper straws here at SLC!



## Get Involved!



Another big impact you can have to solve the plastic waste problem is to volunteer in your local community. Whether that is on your campus Green Team, local clean up crews, Enactus SLC, or start your own initiative! If looking for support on how to get involved email Brooke Gilmour at [bgilmour@sl.on.ca](mailto:bgilmour@sl.on.ca) our Sustainability Manager and she will point you in the right direction!



# February Events



## What's happening SLC?

Have an upcoming event you want to have appear in the Footprint Newsletter? Just email the details to [footprint@sl.on.ca](mailto:footprint@sl.on.ca)

### Kingston Campus- Movie Night! WALLE!

Join the Green Team on February 28th for a movie night featuring the impacts waste can have on our future in the movie WALLE! at 6:00 pm! in the Innovation Hub!

### E-Waste Sorting & Collection!



Footprint and the Green Team need help sorting and collecting e-waste to ensure electronic waste at the college is diverted from landfills and recycled! Email Brooke Gilmour ([bgilmour@sl.on.ca](mailto:bgilmour@sl.on.ca)) to help out!

### Repair Cafe Kingston Monthly Meet-up! February 10th!

Repair Cafe Kingston is a neighbourhood initiative, hosted by the Kingston Unitarian Fellowship, that promotes repair as an alternative to tossing things out. This will happen 2:00 to 4:30 p.m., at 206 Concession Street.

Find out more here: <https://www.facebook.com/ktownrepair/>



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